

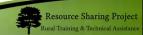
Objectives

- o Define trauma informed care
- o Discuss the realities of rural sexual assault services
- Reimagine our sometimes limiting rural spaces as beautiful centers for holistic healing and support



Trauma Informed Care

- Recognizes and acknowledges that trauma and the role trauma plays in peoples lives influences how people approach and respond to services
- "Understanding and addressing the needs of individuals who have experienced sexual violence supports the healing and growth of survivors whole avoiding re-traumatization



Trauma Informed Care Core Principles: Safety Trust Choice Collaboration Empowerment Cultural Competence

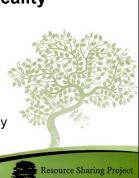
Trauma Informed Care

%While it is not possible to eliminate all environmental cues, it is important that sexual assault services programs create environments where survivors feel safe.+



Rural Reality

- " Large service areas
- " Few staff
- " Limited transportation
- " Distrust of institutions
- Cultural norms of privacy, self-sufficiency





















- 1. What is something you are already doing that you want to keep doing?
- 2. What is something new you learned today that you are excited to start doing?





Thank you, OVW!

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Thank you!



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